

**IMPLEMENTASI MODEL PEMBELAJARAN KOOPERATIF TIPE
STUDENT TEAMS ACHIEVEMENT DIVISIONS (STAD) TERHADAP HASIL
BELAJAR PJOK MATERI TEKNIK DASAR *PASSING* PERMAINAN SEPAK
BOLA PADA MURID KELAS X.9 DI SMA NEGERI 7 DENPASAR**

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ABSTRAK

Penelitian ini bertujuan untuk meningkatkan hasil belajar Pendidikan Jasmani, Olahraga, dan Kesehatan (PJOK) pada materi teknik dasar *passing* permainan sepak bola melalui implementasi model pembelajaran kooperatif tipe *Student Teams Achievement Divisions* (STAD). Penelitian menggunakan pendekatan kuantitatif dengan jenis Penelitian Tindakan Kelas yang dilaksanakan dalam dua siklus pada 37 murid kelas X.9 SMA Negeri 7 Denpasar Tahun Ajaran 2025/2026. Data dikumpulkan melalui tes pengetahuan, observasi keterampilan, dan dokumentasi, kemudian dianalisis secara deskriptif kuantitatif. Hasil penelitian menunjukkan bahwa ketuntasan hasil belajar meningkat dari 73% pada observasi awal menjadi 76% pada siklus I dan mencapai 100% pada siklus II. Ketuntasan aspek pengetahuan meningkat dari 70% menjadi 100%, sedangkan aspek keterampilan meningkat dari 68% menjadi 100%. Disimpulkan bahwa implementasi model pembelajaran kooperatif tipe *Student Teams Achievement Divisions* (STAD) mampu meningkatkan hasil belajar PJOK pada materi teknik dasar *passing* permainan sepak bola.

Kata Kunci: Hasil belajar, PJOK, *Student Teams Achievement Divisions* (STAD), teknik dasar *passing*, sepak bola.

**IMPLEMENTATION OF THE COOPERATIVE LEARNING MODEL USING
THE STUDENT TEAMS ACHIEVEMENT DIVISIONS (STAD) TYPE ON
STUDENTS' LEARNING OUTCOMES IN PHYSICAL EDUCATION, SPORTS,
AND HEALTH (PJOK) ON BASIC PASSING TECHNIQUES IN SOCCER
AMONG CLASS X.9 STUDENTS AT SMA NEGERI 7 DENPASAR**

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ABSTRACT

This study aimed to improve students' learning outcomes in Physical Education, Sports, and Health (PJOK), particularly in the basic passing techniques of soccer, through the implementation of the cooperative learning model using the Student Teams Achievement Divisions (STAD) type. This study employed a quantitative approach using Classroom Action Research conducted in two cycles involving 37 students of class X.9 at SMA Negeri 7 Denpasar in the 2025/2026 Academic Year. Data were collected through knowledge tests, skill observations, and documentation, and were subsequently analyzed using descriptive quantitative analysis. The results showed that learning mastery increased from 73% in the initial observation to 76% in Cycle I and reached 100% in Cycle II. Mastery of the knowledge aspect increased from 70% to 100%, while mastery of the skill aspect increased from 68% to 100%. It can be concluded that the implementation of the cooperative learning model using the Student Teams Achievement Divisions (STAD) type was effective in improving students' learning outcomes in PJOK, particularly in the basic passing techniques of soccer.

Keywords: *Learning outcomes, Physical Education, Sports, and Health (PJOK), Student Teams Achievement Divisions (STAD), basic passing techniques, soccer.*