

**PENGEMBANGAN MEDIA PEMBELAJARAN BERBASIS VIDEO
TEKNIK DASAR *PASSING* BOLA VOLI PADA PESERTA
DIDIK KELAS X SMA NEGERI 1 MENGWI
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ABSTRAK

Berdasarkan hasil analisis kebutuhan, diperoleh persentase sebesar 74,5% dengan kategori tinggi, yang menunjukkan bahwa peserta didik membutuhkan media pembelajaran yang mampu menampilkan teknik dasar *passing* bola voli secara jelas, bertahap, dan dapat diamati berulang. Penelitian ini bertujuan untuk menghasilkan media pembelajaran berbasis video tutorial teknik dasar *passing* bola voli serta mengetahui tingkat validitas dan kepraktisannya pada peserta didik kelas X SMA Negeri 1 Mengwi Tahun Pelajaran 2025/2026. Penelitian ini merupakan penelitian pengembangan (*Research and Development*) dengan menggunakan model ADDIE yang terdiri atas tahap *Analysis*, *Design*, *Development*, *Implementation*, dan *Evaluation*. Data penelitian dianalisis menggunakan teknik deskriptif kuantitatif dan deskriptif kualitatif. Validasi produk melibatkan ahli isi pembelajaran, ahli desain pembelajaran, ahli media pembelajaran, dan praktisi lapangan. Hasil penilaian menunjukkan bahwa ahli isi pembelajaran memberikan persentase sebesar 100% dengan kualifikasi sangat baik, ahli desain pembelajaran sebesar 89,58% dengan kualifikasi baik, ahli media pembelajaran sebesar 97,22% dengan kualifikasi sangat baik, dan praktisi lapangan sebesar 100% dengan kualifikasi sangat baik. Pada tahap implementasi, uji coba kelompok kecil memperoleh persentase sebesar 92,08% dengan kualifikasi sangat baik. Respons guru PJOK memperoleh persentase sebesar 92,50% dan respons peserta didik pada uji coba kelompok besar memperoleh persentase sebesar 90,49%, yang keduanya berada pada kategori sangat praktis. Berdasarkan hasil tersebut, media pembelajaran berbasis video tutorial teknik dasar *passing* bola voli dinyatakan layak dan praktis digunakan sebagai media pendukung pembelajaran PJOK pada peserta didik kelas X SMA Negeri 1 Mengwi. Penelitian ini terbatas pada pengujian validitas dan kepraktisan produk serta belum menguji efektivitas media terhadap peningkatan hasil belajar peserta didik.

Kata kunci: pengembangan, ADDIE, video tutorial, *passing* bola voli, media pembelajaran.

**DEVELOPMENT OF VIDEO-BASED LEARNING MEDIA FOR BASIC
VOLLEYBALL PASSING TECHNIQUES FOR GRADE X STUDENTS OF
SMA NEGERI 1 MENGWI IN THE 2025/2026 ACADEMIC YEAR**

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ABSTRACT

Based on the results of the needs analysis, a percentage of 74.5% was obtained, which falls into the high category, indicating that students need learning media capable of presenting basic volleyball passing techniques clearly, sequentially, and in a manner that can be observed repeatedly. This study aimed to develop video-based learning media in the form of a tutorial on basic volleyball passing techniques and to determine its validity and practicality for Grade X students of SMA Negeri 1 Mengwi in the 2025/2026 academic year. This study employed a Research and Development (R&D) method using the ADDIE model, which consists of the stages of Analysis, Design, Development, Implementation, and Evaluation. The research data were analyzed using quantitative descriptive and qualitative descriptive techniques. Product validation involved a learning content expert, a learning design expert, a learning media expert, and a field practitioner. The assessment results showed that the learning content expert gave a score of 100% with a very good qualification, the learning design expert gave 89.58% with a good qualification, the learning media expert gave 97.22% with a very good qualification, and the field practitioner gave 100% with a very good qualification. At the implementation stage, the small-group trial obtained a percentage of 92.08% with a very good qualification. The PJOK teacher's response obtained a percentage of 92.50%, while the students' response in the large-group trial obtained a percentage of 90.49%; both were categorized as very practical. Based on these results, the video-based learning media for basic volleyball passing techniques was declared feasible and practical for use as supporting media in PJOK learning for Grade X students of SMA Negeri 1 Mengwi. This study was limited to testing the validity and practicality of the product and did not examine the effectiveness of the media in improving students' learning outcomes.

Keywords: *development, ADDIE, tutorial video, volleyball passing, learning media.*