

**PENGARUH MODEL PEMBELAJARAN KOOPERATIF TIPE  
*NUMBERED HEAD TOGETHER*(NHT)TERHADAP HASIL  
BELAJAR TEKNIK DASAR *PASSINGBOLA VOLI* PADA  
SISWAKELAS XI SMA SARASWATI SERIRIT  
TAHUN PELAJARAN 2019/2020**

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**ABSTRAK**

Penelitian ini bertujuan untuk mengetahui pengaruh model pembelajaran Kooperatif tipe *Numbered Head Together (NHT)* terhadap hasil belajar teknik dasar *passingbola voli*.

Jenis penelitian adalah eksperimen sungguhan (*true experimental*) dengan rancangan *the randomized pretest-posttest control group the same subject design*. Populasi penelitian ini adalah seluruh siswa kelas XI SMA Saraswati Seririt tahun pelajaran 2019/2020, keseluruhan kelas berjumlah 5 kelas dengan populasi 180 orang. Pengambilan sampel yang digunakan *simple random sampling* berdasarkan kelas. Kelas yang menjadi sampel penelitian adalah kelas XI IIS 4 sebagai kelompok eksperimen dan XI MIA sebagai kelompok kontrol. Eksperimen dilakukan sebanyak 2 kali perlakuan diluar *pretes-posttest*.

Data hasil belajar dikumpulkan melalui tes objektif, observasi dan unjuk kerja. Analisis data menggunakan uji-t dengan bantuan SPSS 16.0 for Windows. Rata-rata kelompok eksperimen adalah 0.70 lebih tinggi dari rata-rata kelompok kontrol adalah 0.62. Signifikansi pada uji hipotesis diperoleh melalui uji parametrik (uji Independent Samples Test) adalah 0.019 yaitu  $p < 0,05$ .

Disimpulkan bahwa model pembelajaran Kooperatif tipe *Numbered Head Together (NHT)* berpengaruh signifikan terhadap hasil belajar teknik dasar *passingbola voli*. Disarankan kepada guru penjasorkes dapat menerapkan model pembelajaran Kooperatif tipe *Numbered Head Together (NHT)* karena terbukti berpengaruh signifikan terhadap hasil belajar siswa.

Kata kunci : NHT, hasil belajar, bola voli

**THE EFFECT OF COOPERATIVE TYPE NUMBERED HEAD  
TOGETHER LEARNING MODEL TO THE LEARNING OUTCOMES OF  
BASIC TECHNIQUES PASSING VOLLEY BALL  
AT STUDENTS OF CLASS XI SARASWATI SERIRIT HIGH SCHOOL  
ACADEMIC YEAR 2019/2020**

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**ABSTRACT**

This research aimed to determine the effect of Cooperative Type Numbered Head Together (NHT) learning model to the learning outcomes of basic techniques passing volley ball.

This research was a true-experimental researching the randomized pretest-posttest control group the same subject design. The research population was students of class XISaraswatiSeririt High School academic year 2019/2020, with the 5 classes and population of the research was 180 peoples. Sampling technique used was simple random sampling based on class. The class into the sample was class XI IIS 4 as experimental group and XI MIA as control group. The experimental was conducted two times treatment outside of pretest-posttest.

Data were collected through objectif tests, observation and performance tests. Data analysis using t-test with SPSS 16.0 for Windows. Average on experimental group was 0.70 higher than average control was 0.62. Significance on tests of hypotheses obtained through parametric test (independent Samples Test) was 0.019 it was  $p < 0,05$ .

Based on the above exposure, Cooperative Type Numbered Head Together (NHT) learning model effect significantly to the result of learning basic techniques passing volley ball. It is recommended to the penjasorkes teacher can implement (NHT) learning model because proven effect significantly to the improvement of student's learning outcome.

Key words: NHT, learning outcomes, volleyball.