

PENGEMBANGAN INSTRUMEN SKALA KECEMASAN MENGHADAPI UJIAN PADA SISWA SMP

Oleh

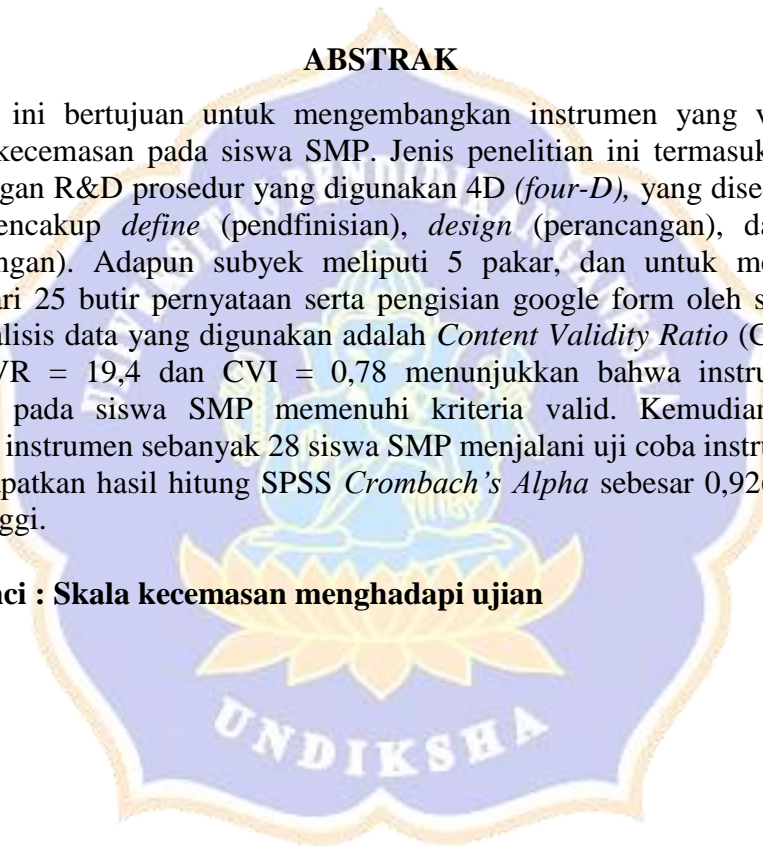
Marina Dililla, NIM 1611011020

Program Studi Bimbingan Konseling

ABSTRAK

Penelitian ini bertujuan untuk mengembangkan instrumen yang valid untuk mengukur kecemasan pada siswa SMP. Jenis penelitian ini termasuk penelitian pengembangan R&D prosedur yang digunakan 4D (*four-D*), yang disederhanakan ke 3D, mencakup *define* (pendefinisian), *design* (perancangan), dan *develop* (pengembangan). Adapun subyek meliputi 5 pakar, dan untuk menilai taraf validitas dari 25 butir pernyataan serta pengisian google form oleh siswa SMP. Metode analisis data yang digunakan adalah *Content Validity Ratio* (CVR). Hasil analisis CVR = 19,4 dan CVI = 0,78 menunjukkan bahwa instrumen skala kecemasan pada siswa SMP memenuhi kriteria valid. Kemudian kalkulasi Reliabilitas instrumen sebanyak 28 siswa SMP menjalani uji coba instrumen. Maka di dapatkan hasil hitung SPSS *Crombach's Alpha* sebesar 0,926 tergolong katagori tinggi.

Kata kunci : Skala kecemasan menghadapi ujian



DEVELOPMENT ANXIETY SCALE INSTRUMENT FACING EXAMS IN JUNIOR HIGH SCHOOL STUDENTS

By

Marina Dililla, NIM 1611011020

Program Studi Bimbingan Konseling

ABSTRACT

This research aimed to development anxiety scale instrument facing exams in junior high school students. The type of Research and development used is the procedure by Thiagarajan 4D modified to 3D, including define, design, and develop. The subjects in this research included 3 experts lecturers and 2 guidance and counseling teachers practitioners. The data analysis method used was the Content Validity Ratio (CVR). And to assess the level of validity of 25 statement items and filling in google form by junior high school students. The results of the analysis of CVR = 19.4 and CVI = 0.78 indicate that the scale instrument at loss for junior high school students meets the valid criteria. Then the instrument reliability calculations as many as 28 junior high school students underwent instrument trials. Then get the results of the SPSS Crombach's Alpha calculation of 0.926 which is classified as a high category.

Keywords: The Anxiety Scale Facing The Exams