

**INVESTIGATING THE ACADEMIC
PROCRASTINATION OF EFL STUDENTS**

THESIS



ENGLISH LANGUAGE EDUCATION

POST GRADUATE PROGRAM

GANESHA UNIVERSITY OF EDUCATION

AUGUST 2020

**INVESTIGATING THE ACADEMIC PROCRASTINATION OF
EFL STUDENTS**

THESIS

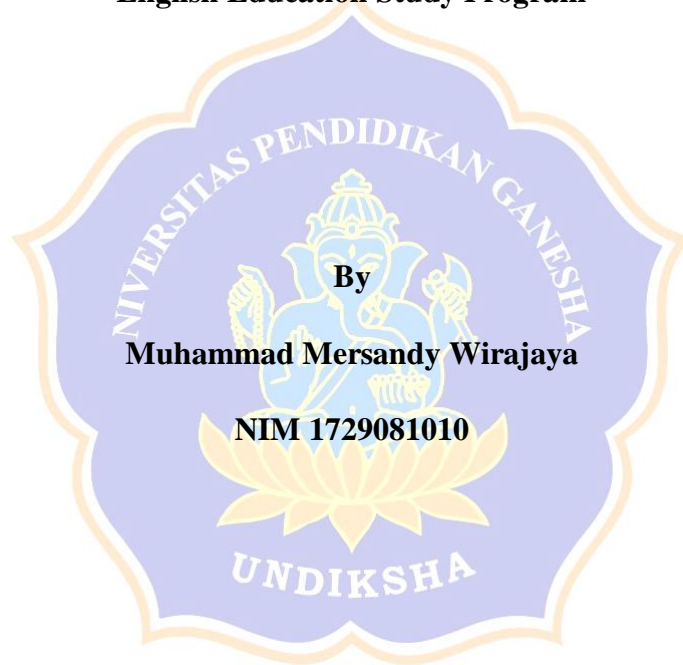
Presented to

Ganesha University of Education

In Partial Fulfillment of the Requirements

For Master Degree in Education

English Education Study Program



ENGLISH LANGUAGE EDUCATION

POST GRADUATE PROGRAM

GANESHA UNIVERSITY OF EDUCATION

AUGUST 2020

SUPERVISOR APPROVAL

This thesis by Muhammad Mersandy Wirajaya has been successfully defended in front of the Board of Examiners and accepted as partial fulfilment of the requirements for the degree of Master in Education in English Language Education, Post Graduate Program, Universitas Pendidikan Ganesha.

Singaraja, August 19th 2020

Supervisor I,



Prof. Dr. Ni Nyoman Padmadewi, M.A

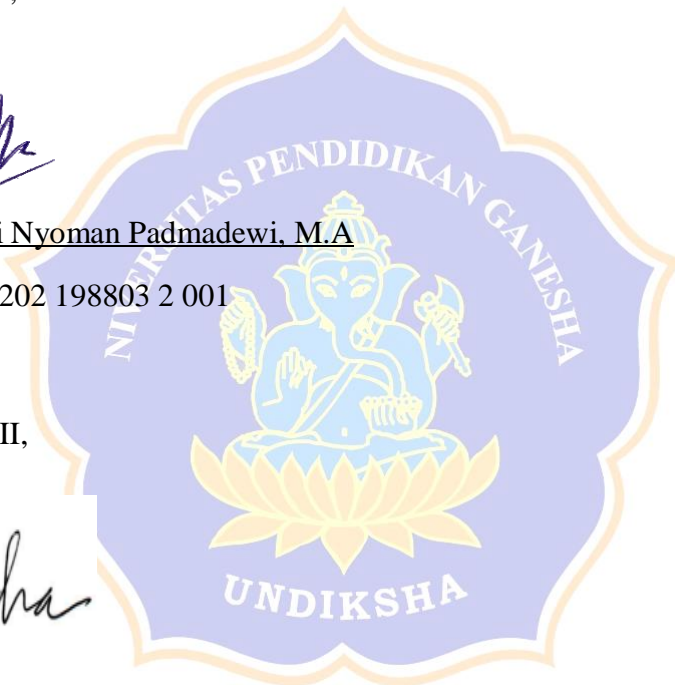
NIP. 19620202 198803 2 001

Supervisor II,



Dr. Dewa Putu Ramendra, S.Pd., M.Pd

NIP. 19760902 200003 1 002



Master Thesis in Education: English Language Education Study Program

Approved on August 31st 2020

Board Examiners:



..... Chairman

Prof. Dr. Ni Nyoman Padmadewi, M.A

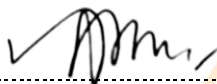
NIP. 19620202 198803 2 001



..... Member

Dr. Dewa Putu Ramendra, S.Pd., M.Pd.

NIP 19620319 198703 1 001



..... Member

Prof. Dr. Luh Putu Artini, M.A.

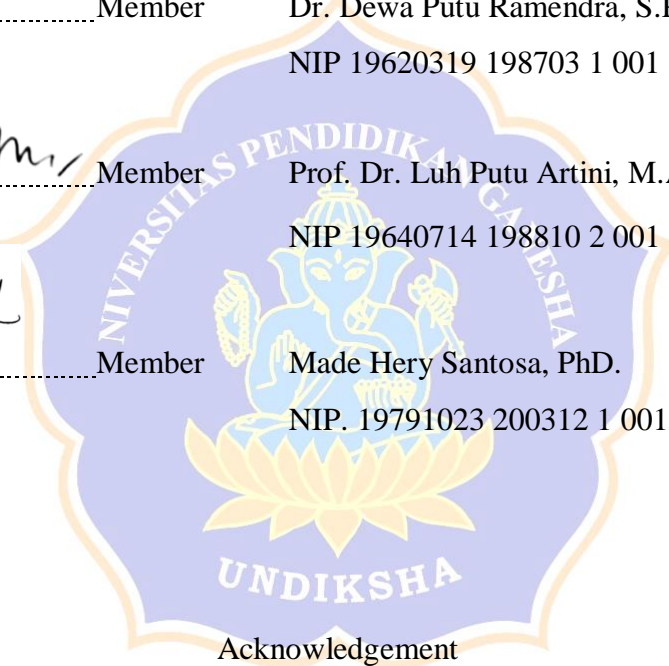
NIP 19640714 198810 2 001



..... Member

Made Hery Santosa, PhD.

NIP. 19791023 200312 1 001



Acknowledgement

Director of Postgraduate Program

Universitas Pendidikan Ganesha



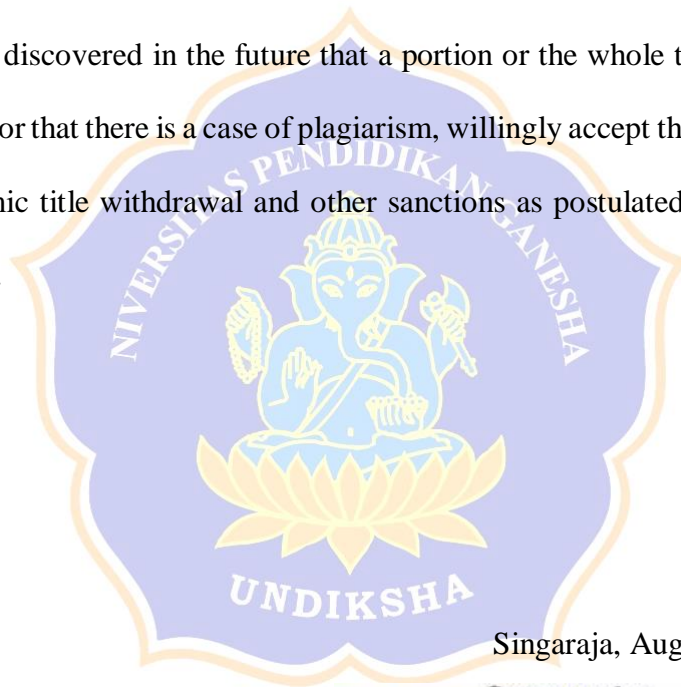
.....
Prof. Dr. I Gusti Putu Suharta, M.Si.

NIP. 19621215 198803 1 002

STATEMENT LETTER

I hereby honestly state that this Post Graduate Thesis in Education that is written as partial requirement for the Degree of Master in Education is my own work. All the information contained in this thesis which is derived from the work of others had been given an award by citing the name of the source authors correctly according to the academic norms, rules and ethics.

If it is discovered in the future that a portion or the whole thesis is not my original work or that there is a case of plagiarism, willingly accept the consequences of my academic title withdrawal and other sanctions as postulated by Indonesian National Law.



Singaraja, August 2020

Statement by



Muhammad Mersandy Wirajaya

ACKNOWLEDGEMENT

Alhamdulillah rabbil'alamin, All praise to Allah S.W.T, the most Gracious and Merciful, who has given the inspiration, guidance and blessing to finish this thesis entitled Investigating the Academic Procrastination of EFL Students. Sholawat and salam are also delivered to the prophet Muhammad S.A.W whos has brought Islam as the Rahmatan Lil Alamin.

This research was done as the final requirement in completing master degree of Postgraduate Program in English Language Education Department of Ganesha University of Education. But this thesis research would not be well-written without external contributions and supports from lecturers and colleagues. Therefore, the writer would like to express her gratitude to:

1. Prof. Dr. Ni Nyoman Padmadewi, M.A. the chairman of English Language Education Department in Postgraduate Program of Ganesha University of Education and also as the Supervisor I for her devoted supports, motivations, and valuable feedbacks during the thesis writing process.
2. Dr. Dewa Putu Ramendra, S.Pd., M.Pd. as supervisor II for his valuable guidance and supervision during the thesis accomplishment.
3. Prof. Dra. Luh Putu Artini, M.A., Ph.D. as the thesis examiner I for her supportive feedbacks for the final thesis revision.
4. Made Hery Santosa, Ph.D. as the thesis examiner II for his attentive supervision during the final thesis revision.
5. All lecturers of English Language Education Department in the Postgraduate Program of Ganesha University of Education for their guidance and valuable learning.

6. Students of English Language Education Program of *Universitas Pendidikan Ganesha* for their warm welcome and participation during the process of collecting data for this study. Lastly, the writer would also sincerely thank the classmates of ELE Magister Class A Singaraja: *Mbak Nurul, Mbok Desak, Mbok Adel, Bli Pande, Bang Ricky, Kak Rany, Kak Anggita, Bli Bagas, Adik Intania, Bli Dema* for their caring and support along the journey of my study.

Singaraja, Agustus 2020

The Writer

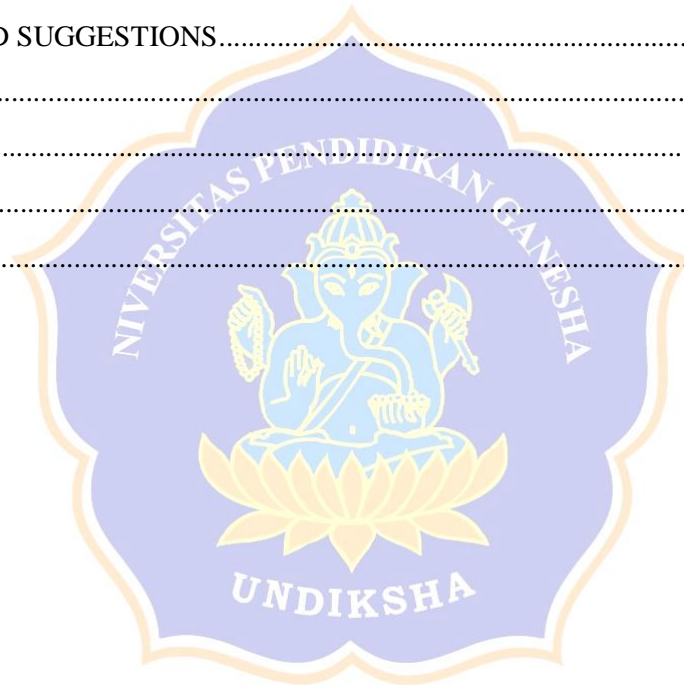


TABLE OF CONTENT

ABSTRACT.....	i
TABLE OF CONTENT.....	iii
LIST OF TABLES.....	vi
LIST OF FIGURES.....	vii
LIST OF APPENDICES.....	viii
INTRODCTION.....	1
1.1 Research Background.....	1
1.2 Identification of the Problems.....	5
1.3 Research Scope.....	6
1.4 Statements of the Problem.....	6
1.5 Research Objectives.....	7
1.5.1 General Objectives.....	7
1.5.2 Specific Objectives.....	7
1.6 Research Significances.....	7
1.6.1 Theoretical Significances.....	7
1.6.2 Practical Significances.....	8
REVIEW OF RELATED THEORIES.....	9
2.1 Theoretical Review.....	9
2.1.1 Procrastination.....	9
2.1.1.1 Definition of Procrastination.....	9
2.1.1.2 Reason of Procrastination.....	11
2.1.1.3 Domain of Procrastination.....	15
2.1.2 Academic Procrastination.....	17
2.1.2.1 Definition of Academic Procrastination.....	17
2.1.2.2 Domain of Academic Procrastination.....	18
2.1.3 Concept of Self-efficacy.....	20
2.1.3.1 Definition of Self-efficacy	21
2.1.3.1 Source and Dimensions of Self-efficacy.....	22
2.2 Empirical Review.....	24
2.2.1 Studies on Academic Procrastination.....	24
2.2.2 Studies on the role of self-efficacy in Procrastination.....	28
2.3 Conceptual Framework.....	31

2.4 Research Hypothesis.....	32
RESEARCH METHOD.....	34
3.1 Research Design.....	34
3.2 Population and Sample.....	35
3.2.1 Population.....	35
3.2.2 Sample.....	35
3.3 Definition of Research Variables.....	36
3.3.1 Conceptual Definition.....	37
3.3.2 Operational Definition.....	37
3.4 Method of Data Collection and Research Instruments.....	38
3.4.1 Method of Data Collection.....	38
3.4.2 Research Instruments.....	38
3.4.2.1 Questionnaire of Procrastination Assesment Scale for Students (PASS).....	39
3.4.2.2 Questionnaire of Students Self-Efficacy Scale.....	40
3.5 Validity and Reliability.....	41
3.5.1 Validity.....	41
3.5.1.1 Construct and Content Validity of PASS.....	42
3.5.1.2 Construct and Content Validity of Self-efficacy Scale.....	44
3.5.2 Reliability.....	45
3.5.2.1 Interrater Reliability of PASS.....	47
3.5.2.2 Interrater Reliability of Self-efficacy Scale.....	48
3.6 Research Procedures.....	48
3.7 Method of Data Analysis.....	49
3.7.1 Quantitative Data Analysis.....	49
3.7.1.1 Descriptive Data Analysis.....	49
3.7.1.2 Prerequisite Analysis.....	50
3.7.1.3 Inferential Analysis.....	51
3.7.2 Qualitative Data Analysis.....	52
3.8 Statistical Analysis.....	52
FINDINGS AND DISCUSSIONS.....	54
4.1 Research Findings.....	54
4.1.1 Descriptive Analysis.....	54
4.1.1.1 Descriptive Analysis of EFL Level of Students' academic procrastination.....	55
4.1.1.2 Descriptive Analysis of Reasons in engaging on Academic Procrastination.....	58

4.1.1.3 Descriptive Analysis of EFL Students' Self-efficacy.....	63
4.1.2 Prerequisite Test Analysis.....	65
4.1.2.1 Normality Test.....	65
4.1.2.2 Linearity Test.....	66
4.1.3 Hypothesis Testing.....	67
4.1.3.1 The correlation between students' academic procrastination with self efficacy....	68
4.2 Discussion.....	69
4.2.1 EFL Students' Level of Procrastination.....	70
4.2.2 EFL Students' Reasons in Engaging in Academic Procrastination.....	75
4.2.3 The Correlation between Students' Academic Procrastination with Self-efficacy.....	89
4.3 Research Implications.....	96
CONCLUSION AND SUGGESTIONS.....	99
5.1 Summary.....	99
5.2 Conclusion.....	107
5.3. Suggestion.....	109
REFERENCES.....	110



LIST OF TABLES

Table 3.1 Distribution of Population.....	35
Table 3.2 Blueprint of PASS Questionnaire.....	40
Table 3.3 Blueprint of Self-Efficacy Questionnaire.....	41
Table 3.4 Scoring System of Self Efficacy Scale.....	41
Table 3.5 Reasons of Procrastination in PASS.....	44
Table 3.6 Division of the items on Self efficacy Scale.....	45
Table 3.7 Expert Judgements Comparison.....	46
Table 3.8 Reliability Criteria.....	47
Table 3.9 The summary of experts' judgment on PASS.....	47
Table 3.10 The summary of experts' judgment on Self-efficacy Scale.....	48
Table 3.11 Categorization of Students' academic procrastination Level.....	50
Table 3.12 Normality Distribution Qualification.....	50
Table 3.13 Linearity Qualification.....	51
Table 3.14 The Criteria of The Correlation Strengths.....	52
Table 4.1 The Summary of Students' Academic Procrastination Level.....	55
Table 4.2 The Distribution of Students' Academic Procrastination Level.....	56
Table 4.3 The Summary of Students' Academic Procrastination Areas.....	57
Table 4.4 The Summary of Students' Reasons in doing Procrastination.....	58
Table 4.5 Reasons of Procrastination: Time Management.....	59
Table 4.6 Reasons of Procrastination: Aversiveness of the Task.....	60
Table 4.7 Reasons of Procrastination: Sincerity.....	61
Table 4.8 Reasons of Procrastination: Personal Initiative.....	62
Table 4.9 The Summary of The Students' Self-efficacy.....	63
Table 4.10 The Distribution of Students' Self-efficacy Level.....	64
Table 4.11 The Summary of Students' Self-efficacy Dimension.....	65
Table 4.12 The Normality of Data Distribution.....	66
Table 4.13 The Result of Linearity Test.....	67
Table 4.14 The Result of Pearson's Product Moment Correlation.....	68

LIST OF FIGURES

Figure 2.1 Factors affecting procrastination.....	13
Figure 2.2 Conceptual Framework.....	32
Figure 4.1 The Chart of Students' Academic Procrastination Level.....	56
Figure 4.2 The Chart of Students' Academic Procrastination Areas.....	57
Figure 4.3 The Chart of Students' Reason in doing Procrastination.....	59
Figure 4.4 The Chart of Students' Self-efficacy Level.....	64



LIST OF APPENDICES

Appendix 1. Questionnaire of Procrastination Assessment Scale-Students (PASS)

Appendix 2. Questionnaire of Students Self-Efficacy Scale

Appendix 3. Interrater Reliability of PASS

Appendix 4. Interrater Reliability of Self-efficacy Scale

Appendix 5. Students' Answer on PASS

Appendix 6. Students' Answer on Self-Efficacy Scale

Appendix 7. Test of Normality

Appendix 8. Test of Linearity

Appendix 9. The Result of Hypotheses Testing

Appendix 10. The Summary of Group Discussion

