

**MINAT PESERTA DIDIK DALAM BEROLAHRAGA
PADA MASA PANDEMI COVID-19 DI KELAS XI
SMA NEGERI 1 PEKUTATAN**

Oleh

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui minat peserta didik kelas XI SMA Negeri 1 Pekutatan dalam berolahraga di masa pandemi covid-19. Penelitian ini adalah deskriptif kuantitatif dengan jenis penelitian survei. Populasi dalam penelitian ini adalah seluruh peserta didik kelas XI SMA Negeri 1 Pekutatan dengan jumlah keseluruhan 255 peserta didik. Teknik pengambilan sampel penelitian menggunakan non random sampling yaitu quota sampling dengan besaran 25% dari total populasi sehingga jumlah sampel dalam penelitian ini berjumlah 63 orang. Data dianalisis menggunakan statistik deskriptif kuantitatif dengan kategori interval. Hasil penelitian menunjukkan bahwa pada faktor ekstrinsik minat peserta didik kelas XI SMA Negeri 1 Pekutatan dalam berolahraga pada masa pandemi covid-19 mendapatkan nilai 74% dalam interval kategori dinyatakan tinggi. Pada faktor intrinsik minat peserta didik kelas XI SMA Negeri 1 Pekutatan dalam berolahraga pada masa pandemi covid-19 mendapat nilai 80% dalam interval kategori dinyatakan tinggi. Dari kedua indikator pada variabel, minat peserta didik kelas XI SMA Negeri 1 Pekutatan memperoleh skor 77%. Pada interval kategori tergolong kategori sangat tinggi. Saran yang dapat disampaikan adalah peserta didik tetap melakukan kegiatan olahraga di masa pandemi covid-19 agar daya tahan tubuh semakin kuat. Kesimpulan dari penelitian ini adalah minat berolahraga peserta didik kelas XI SMA Negeri 1 Pekutatan pada masa pandemi covid-19 sangat tinggi. Peneliti menyarankan agar peserta didik tetap berolahraga walaupun masa pandemi covid-19 telah selesai.

Kata Kunci : Minat, Berolahraga, Pandemi covid-19

**INTEREST OF STUDENTS IN SPORT
AT THE PANDEMIC TIME COVID-19 IN CLASS XI
SMA NEGERI 1 PEKUTATAN**

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ABSTRACT

This study aims to determine the interest of the eleventh-grade students at SMA Negeri 1 Pekutatan in doing sports during the Covid-19 pandemic. This research was descriptive quantitative with survey research type. The population was all of the eleventh-grade students in SMA Negeri 1 Pekutatan with a total of 255 students. The sampling technique used non-random sampling, namely quota sampling with a size of 25% of the total population so that the number of samples in this research amounted to 63 people. Data were analyzed using quantitative descriptive statistics with interval categories. The research results showed that on extrinsic factor, the interest of the eleventh-grade students at SMA Negeri 1 Pekutatan in doing sports during the Covid-19 pandemic got a score of 74% that classified as high interval category. On the intrinsic factor, the interest of the eleventh-grade students at SMA Negeri 1 Pekutatan in doing sports during the Covid-19 pandemic got a score 80% that classified as high interval category. From the two indicators of the variable, the interest of the eleventh-grade students in SMA Negeri 1 Pekutatan got a score of 77%. In the interval categories, it was classified as very high category. The suggestion that can be conveyed was students keep doing sport activities during the Covid-19 pandemic so that their endurance is getting stronger. The conclusion of this research was the interest of the eleventh-grade students at SMA Negeri 1 Pekutatan in doing sports during the Covid-19 pandemic was very high. Researchers suggest that students could continue to do sports even though the Covid-19 pandemic has ended.

Keywords: Interest, Sports, Covid-19 Pandemic