

# **MOTIVASI MENGIKUTI PEMBELAJARAN PJOK DI MASA PANDEMI COVID-19 PADA PESERTA DIDIK KELAS XI SMK TRIATMAJAYA SINGARAJA TAHUN PELAJARAN 2020/2021**

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## **ABSTRAK**

Penelitian ini bertujuan untuk mengetahui motivasi peserta didik kelas XI SMK Triatmajaya Singaraja dalam mengikuti pembelajaran PJOK pada masa Pandemi Covid-19. Penelitian ini adalah penelitian deskriptif kuantitatif dengan jenis penelitian survei. Populasi penelitian adalah peserta didik kelas XI tahun akademik 2019/2020 di SMK Triatmajaya Singaraja dengan jumlah keseluruhan 237 orang. Sampel penelitian ini menggunakan non random sampling yaitu quota sampling dengan besaran 25% dari total populasi sehingga jumlah sampel dalam penelitian ini adalah 59. Data dianalisis menggunakan statistik deskriptif kuantitatif dengan kategori interval. Hasil analisis penelitian data pada motivasi intrinsik memperoleh skor 88,1 jika dikonversikan ke dalam interval kategori termasuk dalam kategori sangat tinggi. Sedangkan pada motivasi ekstrinsik memperoleh skor 83,6 jika dikonversikan ke dalam interval kategori termasuk dalam kategori sangat tinggi. Dari kedua indikator pada faktor motivasi memperoleh skor 83.6. Jika dikonversikan ke dalam interval kategori, termasuk dalam kategori sangat tinggi. Saran kepada peserta didik agar lebih meningkatkan motivasi dalam mengikuti pembelajaran PJOK pada masa pandemi covid-19.

**Kata Kunci : Motivasi, Pembelajaran PJOK, Pandemi covid-19.**

**MOTIVATION TO FOLLOW THE LEARNING OF SPORT AND  
HEALTH EDUCATION IN THE COVID-19 PANDEMIC IN CLASS XI  
VOCATIONAL SCHOOL OF TRIATMAJAYA SINGARAJA  
2020/2021 ACADEMIC YEAR**

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**ABSTRAK**

This study aimed at determining the Motivation of students in Class XI of SMK Triatmajaya Singaraja in Following PJOK Learning During the Covid-19 Pandemic. This research was a descriptive quantitative research with survey research type. The population of this research was students class XI for the 2019/2020 academic year at SMK Triatmajaya Singaraja with a total of 237 students. The sample of this study used non-random sampling, namely quota sampling with a size of 25% of the total population so that the number of samples in this study was 59. Data were analyzed using quantitative descriptive statistics with interval categories. The results of this study were the intrinsic motivation factor of students in class XI of SMK Triatmajaya Singaraja in participating in PJOK learning during the Covid-19 pandemic, got a score of 88.1 in which when it converted into category intervals it belonged to the very high category. Whereas, in the extrinsic factor, the motivation of students in class XI of SMK Triatmajaya Singaraja in participating in PJOK learning during the Covid-19 pandemic got a score of 83.6 in which when it converted into category intervals, it belonged to the very high category. Based on the two indicators in the variable, the motivation of students of SMK Triatmajaya Singaraja in learning PJOK during the Covid-19 pandemic got a score of 83.6. When it converted into category intervals, the motivation of students of SMK Triatmajaya Singaraja in learning PJOK during the Covid-19 pandemic, it belonged the very high category. Suggestion for students were to increase motivation in participating in PJOK learning during the Covid-19 pandemic.

**Keywords:** Motivation, Learning PJOK, Covid-19 Pandemic.