

**PENGEMBANGAN BUKU PANDUAN MODEL KONSELING
TRANSPERSONAL UNTUK MENGEMBANGKAN KARAKTER
KEMANDIRIAN SISWA SMA**

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ABSTRAK

Penelitian ini bertujuan untuk mengembangkan buku panduan yang teruji valid dan efektif untuk mengukur karakter kemandirian siswa SMA. Jenis penelitian ini termasuk penelitian pengembangan (Research & Development) dengan menggunakan prosedur model pengembangan yang dikembangkan oleh Thiagarajan yaitu 4D (four-D), yang dimodifikasi menjadi 3D, meliputi define (pendefinisian), design (perancangan), dan develop (pengembangan). Subjek pada penelitian pengembangan ini meliputi 5 ahli dalam bidang bimbingan konseling yang terdiri dari 3 dosen dari bimbingan konseling dan 2 guru BK dari SMAN 1 Singaraja dan SMKN 1 Negara serta 15 sampel siswa kelas X SMA Negeri 1 Singaraja yang di ambil menggunakan metode *simple random sampling*. Kelayakan isi dari buku panduan di uji berdasarkan penilaian validitas oleh 5 ahli dan di uji menggunakan metode analisis CVR dan CVI .Uji coba efektifitas buku panduan di ujikan terhadap 15 siswa dalam dua tahap yaitu *pre test* dan *post test* yang di analisis menggunakan metode *one paired sample t-test* pada program SPSS versi 25. Hasil analisis dalam penelitian ini bahwa ; (1) hasil analisis CVR mendapatkan hasil bahwa semua butir aspek penilaian adalah $\geq 0,06$ maka di nyatakan valid dan hasil analisis CVI mendapatkan hasil 1 yang $> 0,05$ maka di nyatakan indeks yang baik dan istimewa ,sehingga dapat di simpulkan bahwa isi dari buku panduan konseling *transpersonal* untuk mengembangkan karakter kemandirian siswa SMA adalah layak untuk di gunakan. (2) hasil analisis *one paired sample t-test* dengan SPSS 25 mendapatkkan hasil bahwa nilai t-hitung yaitu $11,82 >$ nilai t-tabel $2,145$ maka di simpulkan penggunaan buku panduan konseling *transpersonal* adalah efektif untuk mengembangkan karakter kemandirian siswa SMA.

Kata kunci: Buku panduan, *transpersonal*, karakter kemandirian

**DEVELOPMENT OF A TRANSPERSONAL COUNSELING MODEL
GUIDEBOOK TO DEVELOP THE CHARACTER OF INDEPENDENCE
IN SMA STUDENTS**

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ABSTRACT

This study aims to develop a guidebook that is tested to be valid and effective for measuring the independence character of high school students. This type of research includes research and development using the development model procedure developed by Thiagarajan, namely 4D (four-D), which is modified into 3D, including define (definition), design (design), and develop (development). The subjects in this development research included 5 experts in counseling guidance consisting of 3 lecturers from counseling guidance and 2 BK teachers from SMAN 1 Singaraja and SMKN 1 Negara as well as 15 samples of class X students at SMA Negeri 1 Singaraja who were taken using the simple random sampling method. . The feasibility of the contents of the guidebook was tested based on the validity assessment by 5 experts and tested using the CVR and CVI analysis methods. The test of the effectiveness of the guidebook was tested on 15 students in two stages, namely pre-test and post-test which were analyzed using the one paired sample method. t-test on SPSS version 25 program. The results of the analysis in this study that; (1) the results of the CVR analysis showed that all items of the assessment aspect were 0.06, so it was declared valid and the results of the CVI analysis were 1 which was > 0.05 , so it was declared a good and special index, so it can be concluded that the content of Transpersonal counseling guidebook to develop the character of independence of high school students is feasible to use. (2) the results of the analysis of the one paired sample t-test with SPSS 25 showed that the t-count value was $11.82 >$ the t-table value was 2.145, so it was concluded that the use of transpersonal counseling guidebooks was effective for developing the independent character of high school students.

Keywords: Guidebook, transpersonal, independent character