

PENGEMBANGAN PANDUAN KONSELING BEHAVIORAL TEKNIK MODELING BERBASIS WEBSITE UNTUK MENINGKATKAN MOTIVASI BELAJAR SISWA SMP

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ABSTRAK

Studi pengembangan ini tujuannya untuk menguji keberterimaan serta keefektifan panduan konseling behavioral teknik modeling berbasis website untuk meningkatkan motivasi belajar siswa SMP. Panduan ini sebagai pedoman bagi guru BK dalam melaksanakan layanan bimbingan konseling secara online. Studi ini dilaksanakan mengikuti model pengembangan 4D oleh Thiagarajan. Subjek penelitian ini melibatkan 3 ahli/pakar yakni 2 dosen bimbingan konseling FIP Undiksha dan 1 guru BK yang menilai sistem konseling secara teoretis serta melibatkan 30 orang siswa sebagai responden uji coba terbatas keefektifan sistem konseling. Instrumen penilaian yang dipakai terdiri dari 14 butir pernyataan yang diperoleh melalui skala AAF oleh Suranata & Ifdil. Analisis data penilaian terkait keberterimaan sistem konseling dari ahli/pakar dihitung memakai perhitungan Content Validity Ratio (CVR). Tanggapan 30 siswa peserta uji coba terbatas terhadap keberterimaan, kemudahan akses dan kebermanfaatannya konseling behavioral teknik modeling berbasis website ini dihitung dalam bentuk deskriptif persentase. Hasil validitas isi (CVI) sebesar 1 yang menampakkan panduan konseling behavioral teknik modeling yang dikembangkan sangat baik atau memenuhi kriteria kelayakan. Uji efektivitas panduan dalam penelitian ini memakai metode kelompok tunggal dipakai sebelum dan sesudah tes. Uji efektivitas ini memakai uji t, hasil dari uji t diperoleh $t_{hitung} = 8,33$ dan $t_{tabel} = 2,04$ yang berarti nilai $t_{hitung} > t_{tabel}$, berdasarkan hasil tersebut dapat disintesis bahwa pengembangan panduan konseling behavioral teknik modeling efektif untuk meningkatkan motivasi belajar siswa.

Kata Kunci: Panduan, Konseling Behavioral, Teknik Modeling, 4D

ABSTRACT

This development study aims to test the acceptability and effectiveness of website-based behavioral counseling guidelines for modeling techniques to increase the learning motivation of junior high school students. This guide serves as a guide for BK teachers in implementing online counseling guidance services. This study was carried out following the 4D development model by Thiagarajan. The subject of this study involved 3 experts, namely 2 lecturers of counseling guidance from FIP Undiksha and 1 BK teacher who assessed the counseling system theoretically and involved 30 students as respondents in a limited trial of the effectiveness of the counseling system. The assessment instrument used consisted of 14 statement items obtained through the AAF scale by Suranata & Ifdil. Analysis of assessment data related to the acceptance of the counseling system from experts was calculated using the Content Validity Ratio (CVR) calculation. The responses of 30 students participating in the limited trial on the acceptability, ease of access and usefulness of behavioral counseling using website-based modeling techniques were calculated in descriptive percentage form. The result of content validity (CVI) is 1 which shows the behavioral counseling guidance modeling technique developed very well or meets the eligibility criteria. Test the effectiveness of the guidelines in this study using a single group method used before and after the test. This effectiveness test uses a t-test, the results of the t-test are obtained = 8.33 and = 2.04 which means the value of $t_{count} < t_{table}$, based on these results it can be synthesized that the development of behavioral counseling guidelines for modeling techniques is effective to increase students' learning motivation.

Keywords: Guide, Behavioral Counseling, Modeling Techniques, 4D