

## ABSTRAK

### Asuhan Kebidanan Komprehensif Pada Perempuan “LB” di PMB “LM” di Wilayah Kerja Puskesmas Buleleng I Tahun 2021

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Setiap ibu hamil diwajibkan melakukan *triple eliminasi* untuk mendeteksi dini adanya penyakit HIV/AIDS, Sifilis, Hepatitis B dan mencegah penularan infeksi terhadap bayi baru lahir. Selama proses kehamilan berlangsung akan terjadi perubahan secara fisik yang dapat menimbulkan keluhan terutama pada trimester III seperti nyeri pinggang. Jika tidak diatasi akan menyebabkan resiko pada ibu hamil dan mengganggu kenyamanan ibu. Asuhan kebidanan komprehensif bertujuan untuk melaksanakan asuhan komprehensif pada perempuan “LB” UK 38 minggu 2 hari di PMB “LM” Wilayah Kerja Puskesmas Buleleng I. Laporan tugas akhir disusun menggunakan jenis penelitian deskriptif dengan pendekatan studi kasus yang dilakukan mulai dari kehamilan, persalinan sampai nifas 2 minggu pertama dengan subyek penelitian yaitu perempuan “LB” G<sub>1</sub>P<sub>0</sub>A<sub>0</sub> UK 38 minggu 2 hari dengan masalah belum melakukan *triple eliminasi* dan mengalami keluhan nyeri pinggang di PMB “LM” di Wilayah Kerja Puskesmas Buleleng I. Asuhan kebidanan secara komprehensif pada perempuan “LB” selama kehamilan trimester III UK 38 minggu 2 hari dengan keluhan nyeri pinggang tidak ditemukan adanya komplikasi saat kehamilan, pada persalinan dengan spontan belakang kepala dan masa nifas mengalami keluhan fisiologis dan sudah diberikan asuhan sesuai dengan keluhan yang dialami. Asuhan pada perempuan “LB” UK 38 minggu 2 hari dengan keluhan nyeri pinggang sudah dapat diatasi.

Kata Kunci : Kehamilan, *Triple Eliminasi*, Nyeri Pinggang

## ABSTRACT

### Comprehensive Midwifery Care in Women "LB" in PMB "LM" in The Working Area of Puskesmas Buleleng I Year 2021.

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*Every pregnant woman is required to perform triple elimination to detect early HIV/AIDS, syphilis, hepatitis B and prevent transmission of infection to newborns. During the pregnancy process, there will be physical changes that can cause complaints, especially in the third trimester such as low back pain. If not treated, it will pose a risk to pregnant women and disturb the comfort of the mother. Comprehensive midwifery care aims to carry out comprehensive care for "LB" UK women 38 weeks 2 days at PMB "LM" Buleleng Health Center Work Area 1. The final project report is prepared using a descriptive type of research with a case study approach carried out starting from pregnancy, childbirth to postpartum. The first 2 weeks with the research subjects, namely "LB" G<sub>1</sub>PoAo UK women 38 weeks 2 days with problems not yet doing triple elimination and experiencing complaints of low back pain in PMB LM" in the Work Area of the Buleleng Health Center I Comprehensive midwifery care for "LB" women during the third trimester of pregnancy III UK 38 weeks 2 days with complaints of low back pain, no complications were found during pregnancy, in spontaneous labor behind the head and during the puerperium experienced physiological complaints and was given care according to the complaints experienced. Care for women "LB" UK 38 weeks 2 days with complaints of low back pain has been overcome.*

*Keywords : Pregnancy, Triple Elimination, Low Back Pain*