

ABSTRAK

Asuhan Kebidanan Komprehensif Pada Perempuan “NK” Di PMB “NS” Di Wilayah Kerja Puskesmas Selat Kabupaten Karangasem Tahun 2021

Setiap kehamilan tidak selalu berjalan dengan normal atau tanpa keluhan. Salah satu keluhan yang dapat menimbulkan ketidaknyamanan pada ibu hamil TM III adalah sering kencing. Perempuan “NK” UK 37 minggu 6 hari mengalami sering kencing dimana durasi kencingnya 8 – 10 kali sehari, sering kencing ini mengakibatkan ibu sulit tidur kerena merasa ingin kencing. Penulisan laporan tugas akhir ini bertujuan untuk mengkajidata subyektif, obyektif, menganalisi data dan melakukan penatalaksanaan secara komprehensif pada ibu hamil, bersalin, nifas, bayi baru lahir hingga ibu memutuskan menggunakan KB.

Metode penelitian yang digunakan adalah penelitian deskriptif, dengan pendekatan study kasus. Metode pengambilan data dilakukan dengan wawancara, observasi, pemeriksaan dalam, pemeriksaan penunjang. Selama kehamilan trimester III dengan keluhan sering kencing dan telah dilakukan penatalaksanaan sesuai dengan teori sehingga keluhan dapat teratasi.

Hasil penelitian pada kehamilan dari data subyektif ditemukan ibu sering kencing dan dapat ditangani, ketika bersalin yang dirasakan ibu yakni sakit perut hilang timbul, pada nifas ibu masih merasakan nyeri perut dan luka jahitan. Data obyektif tidak ditemukan kesenjangan yang berarti. Analisa data pada ibu hamil G1P0A0 UK 37 minggu 6 hari preskep U puki janin tunggal hidup inta uteri, pada persalinan G1P0A0 UK 39 minggu 4 hari U puki janin tunggal hidup intra uteri partus kala I fase aktif, pada masa nifas P1A0 partus spontan blakang kepala nifas 2 jam, pada bayi baru lahir Neonatus cukup bulan lahir spontan belakang kepala pukul 06.20 wita, tangis kuat, geral aktif Penatalaksanaan yang diberikan yaitu pada ibu hamil mengajarkan cara mengatasi sering kencing, bersalin memberikan KIE tentang His sering hilang dan timbul, nifas mengadakan kolaborasi dengan tenaga kesehatan lainnya dengan memberikan obat-obatan analgesik untuk mengurangi rasa nyeri.

Kata kunci : *Continuity of Care*, kehamilan, neonatus, nifas

ABSTRACT

Comprehensive Midwifery Care for “NK” Women at PMB “NS” In the Working Area of the Straits Health Center, Karangasem Regency in 2021

Every pregnancy does not always go normally or without complaints. One of the complaints that can cause discomfort in TM III pregnant women is frequent urination. “NK” UK woman 37 weeks 6 days experiences frequent urination where the duration of urination is 8-10 times a day, this frequent urination causes the mother to have difficulty sleeping because she feels like urinating. The writing of this final assignment report aims to examine subjective, objective data, analyze data and carry out comprehensive management of pregnant women, maternity, postpartum, newborns until mothers decide to use family planning.

The research method used is descriptive research, with a case study approach. The method of data collection was done by interview, observation, internal examination, and supporting examination. During the third trimester of pregnancy with complaints of frequent urination and management has been carried out according to theory so that complaints can be resolved.

The results of the study on pregnancy from subjective data found that the mother often urinated and could be handled, during childbirth the mother felt that there was intermittent abdominal pain, in postpartum the mother still felt abdominal pain and stitches. Objective data found no significant gaps. Analysis of data on pregnant women G1P0A0 UK 37 weeks 6 days preskep U left back single live fetus in utero, at delivery G1P0A0 UK 39 weeks 4 days U left back single fetus alive intra uterine active phase I parturition, during puerperium P1A0 spontaneous spontaneous parturition puerperal head 2 hours, in newborns Full-term neonates born spontaneously behind the head at 06.20 WITA, strong crying, active geral The management given is that pregnant women teach how to deal with frequent urination, giving birth giving KIE about His often disappearing and appearing, postpartum holding collaboration with other health workers by providing

Keywords: Continuity of Care, pregnancy, neonates, postpartum