

ABSTRAK

Asuhan Kebidanan Komprehensif Pada Perempuan “KY” Di PMB “KA” Wilayah Kerja Puskesmas Kintamani IV Tahun 2021

oleh:

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Pada kehamilan Trimester III ibu hamil cenderung mengalami keluhan yang membuat dirinya merasa tidak nyaman, salah satunya adalah sering kencing. Sering kencing merupakan keluhan fisiologis yang disebabkan karena pembesaran uterus yang menekan kandung kemih sehingga ibu hamil pada trimester III cenderung mengalami sering buang air kecil. Tujuan dari penelitian ini yaitu memberikan asuhan kebidanan secara komprehensif pada perempuan “KY” mulai dari masa kehamilan UK 38 minggu, bersalin, bayi baru lahir, sampai nifas 2 minggu, dan neonatus sampai berusia 14 hari. Jenis penelitian adalah deskriptif dengan pendekatan studi kasus. Pengambilan data dilakukan dengan metode wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi. Subjek penelitian yaitu perempuan “KY” G1P0A0 UK 38 minggu dengan keluhan sering kencing di PMB “KA” Wilayah Kerja Puskesmas Kintamani IV Kabupaten Bangli. Hasil penelitian yaitu melakukan asuhan komprehensif pada perempuan “KY” selama kehamilan trimester III, persalinan, hingga nifas. Tidak ditemukan komplikasi pada kehamilan, proses persalinan yaitu spontan belakang kepala, nifas normal tidak ada penyulit. Bayi perempuan “KY” yaitu vigorous baby. Pada bayi tidak ditemukan komplikasi dan tanda-tanda infeksi. Secara keseluruhan asuhan komprehensif berjalan lancar, namun terdapat beberapa kesenjangan seperti pemeriksaan dalam tidak dilakukan setiap 4 jam sehingga terjadi prolonged aktif fase yang tidak terdeteksi.

Kata Kunci: Asuhan Komprehensif, Kehamilan Trimester III, Sering Kencing.

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ABSTRACT

Comprehensive Midwifery Care for “KY” Women in “KA” PMB Working Area of Kintamani IV Health Center in 2021

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In the third trimester of pregnancy, pregnant women tend to experience complaints that make them feel uncomfortable, one of which is frequent urination. Frequent urination is a physiological complaint caused by the enlargement of the uterus that presses the bladder so that pregnant women in the third trimester tend to experience frequent urination. The purpose of this study was to provide comprehensive midwifery care for "KY" women starting from 38 weeks of gestation, childbirth, newborns, until 2 weeks of postpartum, and neonates until the age of 14 days. This type of research is descriptive with a case study approach. Data collection was done by interview, observation, physical examination, and documentation study. The research subject was a 38-week-old woman "KY" G1P0A0 UK with complaints of frequent urination in PMB "KA" in the Work Area of the Kintamani IV Public Health Center, Bangli Regency. The results of the study were conducting comprehensive care for "KY" women during the third trimester of pregnancy, childbirth, until the puerperium. No complications were found in pregnancy, the delivery process was spontaneous behind the head, normal postpartum had no complications. Baby girl "KY" is a vigorous baby. In infants there were no complications and signs of infection. Overall, comprehensive care went smoothly, but there were some gaps, such as internal examinations not being carried out every 4 hours, resulting in prolonged active phases that were not detected.

Keyword: *Comprehensive Care, Third Trimester Pregnancy, Frequent Urination.*

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