

EFEKTIFITAS PELAKSANAAN PEMBELAJARAN PJOK PADA MASA PANDEMI COVID-19 DI SMP NEGERI SE-KECAMATAN BEBANDEM KABUPATEN KARANGASEM BALI

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ABSTRAK

Tujuan dari penelitian ini yaitu untuk mengetahui pelaksanaan pembelajaran PJOK pada masa pandemi Covid-19 di SMP Negeri se-Kecamatan Bebandem Kabupaten Karangasem Bali. Jenis penelitian ini yaitu penelitian deskriptif kuantitatif dengan metode survei untuk mendeskripsikan mengenai pelaksanaan pembelajaran di SMP Negeri se-Kecamatan Bebandem Kabupaten Karangasem Bali. Sampel dalam penelitian ini yaitu guru sebanyak 8 orang dan peserta didik sebanyak 87 orang. Metode pengumpulan data yang digunakan yaitu menggunakan kuesioner yang dibuat dari indikator pelaksanaan pembelajaran dan disebarluaskan secara *online* di sekolah yang menjadi sampel penelitian ini. Teknik analisis data yang digunakan dalam penelitian ini adalah analisis deskriptif. Hasil penelitian menunjukkan bahwa pelaksanaan pembelajaran PJOK di SMP Negeri se-Kecamatan Bebandem berada pada kategori efektif untuk guru dengan rata-rata skor 76,13 dan untuk peserta didik dengan rata-rata skor 76,99 yang masuk pada kategori efektif. Diharapkan agar tetap meningkatkan pembelajaran yang diberikan kepada peserta didik bisa melalui metode pengajaran yang berbeda atau belajar sambil bermain maupun melalui kompetensi dasarnya disederhanakan agar mudah diajarkan pada peserta didik.

Kata-kata kunci: pelaksanaan, pembelajaran PJOK, masa pandemi,

A SURVEY OF THE IMPLEMENTATION OF PJOK LEARNING DURING THE COVID-19 PANDEMIC AT STATE JUNIOR HIGH SCHOOL IN BEBANDEM DISTRICT, KARANGASEM REGENCY, BALI

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ABSTRACT

The purpose of this study was to determine the implementation of PJOK learning during the Covid-19 pandemic at public junior high schools throughout the Bebandem District, Karangasem Regency, Bali. The type of this research is descriptive quantitative research with survey method to describe the implementation of learning in public junior high schools throughout the Bebandem District, Karangasem Regency, Bali. The sample in this study were teachers as many as 8 respondents and students as many as 87 respondents. The data collection method used was using a questionnaire made from indicators of learning implementation and distributed online in the schools that were the samples of this study. The data analysis technique used in this research is descriptive analysis. The results showed that the implementation of PJOK learning in public junior high schools throughout the Bebandem sub-district was in the effective category for teachers with an average score of 76.13 and for students with an average score of 76,99 who were included in the effective category. It is expected that in order to continue to improve the learning provided to students, it can be through different teaching methods or learning while playing or through simplified basic competencies so that they are easily taught to students.

Keywords: *implementation, PJOK learning, pandemic period*